

APRAJITA NAKRA, DPM, FACFAS

2915 E. Baseline Rd. #103, Gilbert, AZ 85234

(480) 212-5144 * (480) 559-8410 (fax)

www.DrNakraUSA.com

DrNakra@eliteexperts.org

WORK EXPERIENCE:

Elite Experts

Chief Medical Officer
Gilbert, Arizona
2014 to Present

Advanced Ankle and Foot

Medical Director
Gilbert, Arizona
2004 to Present

East Valley Foot and Ankle Specialists

Partner
Mesa, Arizona
2000 to 2004

EDUCATION:

Doctor of Podiatric Medicine

New York College of Podiatric Medicine
New York, New York
1997
magna cum laude

Bachelor of Science

University of Toronto
Toronto, Canada
1993

**POST GRADUATE
EXPERIENCE/TRAINING:**

Board Certification - Reconstructive Foot and Ankle Surgery

American College of Foot & Ankle Surgeons
August 2007

Certification in Total Ankle Replacement

**Certified in all Total Ankle Systems (STAR, Wright Medical, Tornier,
Zimmer, DePuy Synthes)**
2008 to Present

Master Techniques in Peripheral Nerve Surgery

John Hopkins University Medical School
Institute of Peripheral Nerve Surgery - 2004

Medical Mission Trips

Nigeria (2014), Ecuador (2008, 2009, & 2010), Philippines (2009),
Thailand (2009), Nicaragua (2003), Peru (2002), Mexico (1999)

Advanced Ilizarov and Taylor Spatial Frame Methods

Smith and Nephew
Cancun, Mexico - 2002

**Reconstructive Surgery of the Foot and Ankle
Three-Year Surgical Residency**

Emory Northlake Regional Medical Center
Atlanta, Georgia - 1997 to 2000

Arthroscopic Surgery of the Foot and Ankle

American College of Foot and Ankle Surgeons
Chicago, Illinois - 2000

Reconstructive Plastic Surgery of the Foot and Leg

Georgetown University Medical Center
Washington, DC - May 2000

Techniques in Vascular Microsurgery

University of Louisville
Louisville, Kentucky - June 1999

Atlanta Leg Lengthening & Deformity Correction Center

Northlake Regional Medical Center
Tucker, Georgia - July 1997 to June 2000

AO Basic and Advanced Course

2000 and 2001

**LEADERSHIP &
PROFESSIONAL
POSITIONS:**

President

Arizona State Physicians Association
2016 to Present

Faculty Instructor

American College of Foot and Ankle Surgeons
2015 to Present

Residency Director

St. John's Episcopal Hospital New York- Arizona Division
2015 to 2018

Member

American Podiatric Medical Association MACRA Task Force
2016 to Present

Medical Executive Committee Member

Arizona Orthopedic and Surgical Specialty Hospital
2005 to Present
Warner Park Surgery Center
2005 to 2014

Board Member

Arizona Foundation Board of Trustees
2014 to Present

Board Member

Arizona Care Network (Dignity Health)
2015 to Present

Board Member

ASPA Connected Community ACO
2016 to Present

Faculty Member and Instructor

The Podiatry Institute
2000 to Present

Faculty Member and Instructor

American Academy of Foot and Ankle Osteosynthesis
2016 to Present

Faculty Member and Instructor

Midwestern University, College of Health Sciences
Glendale, Arizona
2004 to Present

Faculty Member and Instructor

Maricopa Medical Center
Podiatric Medicine and Surgery Residency Program
Phoenix, Arizona
2004 to Present

Member

American College of Foot and Ankle Surgeons
2000 to Present
American College of Foot and Ankle Pediatrics
2014 to Present
American Academy of Podiatric Sports Medicine
2011 to Present

Co-Secretary

American College of Foot and Ankle Surgeons
Division IV
2010 to 2011

***NATIONAL LECTURE
EXPERIENCE:***

**American College of Foot and Ankle Surgeons, Master Faculty,
Foot and Ankle Arthroscopy Surgical Skills Course**
Rosemont, Illinois
2015 to Present

Annual SEAK National Workers' Compensation and Occupational Medicine Conference "Update in Treatment of Workers' Compensation Foot and Ankle Injuries"

SEAK (Skills, Education, Achievement, Knowledge), Inc
Cape Cod, Maryland
July 2017

American Academy of Foot and Ankle Osteosynthesis (AAFAO)

Nashville, Tennessee; Dallas, Texas
2015 to Present

Advances in Podiatric Medicine and Surgery

The Podiatry Institute
1999 to Present

2018:

Phoenix, Arizona; Newport, Rhode Island; Atlanta, Georgia; Hilton Head, South Carolina; Quincy, Massachusetts; San Diego, California; Denver, Colorado.

2017:

Phoenix, Arizona; Atlanta, Georgia; Chicago, Illinois; College Park, Maryland.

2016:

Phoenix, Arizona; Atlanta, Georgia, New Orleans, Louisiana.

2015:

Phoenix, Arizona; Portland, Oregon; Atlanta, Georgia; Chicago, Illinois.

2014:

Schaumburg, Illinois; Fort Myers, Florida; Philadelphia, Pennsylvania; Falls Church, Virginia; San Antonio, Texas; San Diego, California; Phoenix, Arizona; Atlanta, Georgia.

2013:

Schaumburg, Illinois; College Park, Maryland; Atlantic City, New Jersey; San Diego, California; Kansas City, Missouri; Portland, Oregon; Overland Park, Kansas; Atlanta, Georgia; Newport, Rhode Island; Phoenix, Arizona.

2012:

Decatur, Georgia; San Diego, California; Galveston, Texas; Napa Valley, California; Atlanta, Georgia; Phoenix, Arizona.

**Postgraduate "Mini-Residency" Continuing Education
Ankle, Rear foot and Forefoot Cadaver Surgery (Instructor)**

The Podiatry Institute
Tucker, Georgia
1997 to Present

American Podiatric Medical Association "Orthobiologics: Foot and Ankle Surgical Reconstruction and Wound Care Applications"

Science & Management Symposium (SAM)

Orlando, Florida - Jan 2014

Midwest Regional Conference, Chicago - April 2014

National Conference, Hawaii - July 2014

2013 Symposium on the Geriatric Foot and Ankle “Surgical Management of the Geriatric Flatfoot deformity”

New York, New York - October 2013

American Podiatric Medical Association “Ask the Expert” Series

September 2009, March 2011

The Arizona Republic “Ask the Expert-Health” Column

2007 to 2010

Dignity Health: Health Span Speakers’ Bureau “Cutting Edge Options for Ankle Pain & Arthritis”

Chandler, Arizona

2012 to Present

Blackstone Medical “Stem Cells and Orthobiologics”

Phoenix, Arizona - September 2007

Annual Arizona State Medical Seminar “Role of External Bone Stimulators in Bone Healing”

Sedona, Arizona - January 2007

Institute of Peripheral Nerve Surgery: Annual Proceedings “Peripheral Arterial Disease and Peripheral Neuropathy”

Albuquerque, New Mexico - November 2006

Peripheral Arterial Disease: Diagnosis and Treatment “Silverhawk” Technique

Scottsdale, Arizona - October 2006

**INTERNATIONAL
LECTURE EXPERIENCE:**

The First Conference on Diabetic Foot Disease

Lagos, Nigeria - March 2014

Amrita Institute of Medical Sciences

Kochi, India - June 2009, September 2012

Indian Diabetes Association Third National Workshop on “The Diabetic Foot”

Keynote Speaker

Lucknow, India - November 2008

Global Lecture Series on The Foot and Ankle

Manila, Philippines - July 2009

Bangkok, Thailand - July 2009

Lima, Peru - March 2002

PUBLICATIONS:

Nakra et al. Dislocated Recurrent Ankle Fracture/Dislocation: An Unusual Presentation [Poster Presentation]. Nashville (TN): American College of Foot & Ankle Surgeons; 2018.

Nakra et al. Custom Talar Prosthesis in Total Ankle Arthroplasty [Poster Presentation]. Las Vegas (NV): American College of Foot & Ankle Surgeons; 2017.

Nakra, McGlamry, Brosky et al. Immediate Weightbearing after 1st MPJ Arthrodesis [Poster Presentation] Phoenix (AZ): American College of Foot & Ankle Surgeons; 2015.

Nakra, McGlamry, Hopkins et al. Locking Pin Fixation for Austin Bunionectomy [Poster Presentation] Phoenix (AZ): American College of Foot & Ankle Surgeons; 2015.

Nakra, A, editor. McGlamry ED, Southerland JT. McGlamryst Comprehensive Textbook of Foot and Ankle Surgery. 4th ed. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins Health; 2012. (The bestselling textbook globally for Reconstructive Foot and Ankle Surgery)

Nakra, A, reviewer. The Journal of Foot and Ankle Surgery. American College of Foot and Ankle Surgeons. 2012 to Present
(Official Publication of the American College of Foot and Ankle Surgeons)

Miller S, Nakra A. "Morton's Neuroma: A clinical Dilemma." *Comprehensive Textbook of Foot Surgery, Third Edition.* Williams & Wilkins; 2000.

Cicchinelli L, Nakra A. "Juvenile Hallux Abducto Valgus." *Comprehensive Textbook of Foot Surgery, Third Edition.* Williams & Wilkins; 2000.

LaPointe, S.J.; Peebles, C.; Nakra, A.; & Hillstrom, H. (2001). The Reliability of Clinical & Caliper-Based Calcaneal Bisection Measurements. *Journal of the American Podiatric Medical Association*, 91(3), 121-126.

Maxwell, J.; Nakra, A.; & Ashley, C. (2000). Use of the Maxwell-Brancheau Arthroereisis Implant for the Correction of Posterior Tibial Tendon Dysfunction. *Techniques in Orthopaedics*, 15(3), 183-196.