

AFSHIN ARIANJAM, M.D., F.A.A.O.S

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EDUCATION

2014 - 2015	Kaiser Permanente Orange County Sports Medicine <i>Fellowship</i>	Irvine, CA
2014	Melbourne Shoulder and Elbow Centre <i>Mini-Fellowship</i>	Melbourne, Australia
2009 - 2014	San Francisco Orthopaedic Residency Program <i>Residency</i>	San Francisco, CA
2005 - 2009	USC Keck School of Medicine <i>Doctor of Medicine</i>	Los Angeles, CA
2001 - 2005	University of Southern California <i>Bachelor of Science Biochemistry, Public Health Minor</i>	Los Angeles, CA

PROFESSIONAL EXPERIENCE

2023 - Present	Orthopedic & Rehabilitation Division <i>Chair, Pomona Valley Hospital Medical Center</i>	Pomona, CA
2020 - Present	Adult Reconstruction, Total Joint Program <i>Medical Director, Pomona Valley Hospital Medical Center</i>	Pomona, CA
2018 - Present	Premier Orthopaedic & Trauma Specialists <i>Orthopaedic Surgeon, Sports Medicine & Joint Replacements</i>	Pomona, CA
2022 - Present	Lestonnac Free Clinic <i>Orthopaedic Surgeon, Volunteer</i>	San Bernardino, CA
2019 - 2022	Orthopedic & Rehabilitation Division <i>Vice Chair, Pomona Valley Hospital Medical Center</i>	Pomona, CA
2015 - 2018	St Joseph Health <i>Orthopaedic Surgeon, Sports Medicine & Joint Replacements</i>	Apple Valley, CA
2014 - 2015	Doximity, Inc. <i>Orthopaedic Surgery Fellow</i>	San Mateo, CA
2010 - 2012	National Youth Leadership Forum <i>Live Surgical Moderator, Student Mentor</i>	Berkeley, CA

RESEARCH

- 2017 Analysis of 2019 ACL Reconstructions Revisions from a Community-based Registry. **Arianjam A**, Inacio MC, Funahashi TT, and Maletis GB. *Am J Sports Med.* 2017 Jun;45(7):1574-1580. doi: 10.1177/0363546517700882.
AAOS Annual Meeting Poster Presentation 2016 Orlando, FL
- 2016 Radiographic failure and rates of re-operation after acromioclavicular joint reconstruction: a comparison of surgical techniques. Spencer HT, Hsu L, Sodl J, **Arianjam A**, Yian EH. *Bone Joint J.* 2016 Apr; 98-B(4):512-8. doi: 10.1302/0301-620X.98B4.35935.
- 2015 Outcomes for intra-substance free coracoid graft in patients with antero-inferior instability and glenoid bone loss in a population of high-risk athletes at two years minimum follow-up. **Arianjam A**, Bell S, Coghlan J, Sloan R, and Old J. *Shoulder & Elbow.* Vol. 7(1) 36–43, 2015. doi: 10.1177/1758573214557147
- 2014 Hill-Sachs remplissage, an arthroscopic solution for the engaging Hill-Sachs lesion: 2 to 10 year follow-up and incidence of recurrence. Wolf, EM. **Arianjam A.** *J Shoulder Elbow Surg.* 2014 Jun;23(6):814-20. doi: 10.1016/j.jse.2013.09.009. Epub 2013 Dec 2.
AAOS Annual Meeting Podium Presentation 2014 New Orleans, LA
Southern California Upper Extremity Permanente Meeting Presentation 2015 Mammoth Lakes, CA
- 2013 A biomechanical comparison of interference screw and cortical button hybrid technique for distal biceps repair. **Arianjam A**, Camisa W, Leasure JM, and Montgomery III WH. *Orthopedics* 2013 Nov;36(11):e1371-7. doi: 10.3928/01477447-20131021-17.
AAOS Annual Meeting Poster 2014 New Orleans, LA
Orthopaedic Research Society Annual Meeting Poster 2013 San Antonio, TX
- 2012 Simplified diagnostic algorithm for Lauge-Hansen classification of ankle injuries. *Radiographics.* 2012 Mar-Apr;32(2):E71-84. doi: 10.1148/rg.322115017. Okanobo H, Khurana B, Sheehan S, Duran-Mendicuti A, **Arianjam A**, and Ledbetter S
- 2008 Lauge-Hansen classification of ankle fractures: three-dimensional animation of mechanism. American Orthopaedic Foot Ankle Society (AOFAS) Patient Education Online. **Arianjam A**, Thordarson DB, and Charlton TP
- 2007 Physical examination and terrible triad injury of the elbow: three-dimensional animation. Student research project. University of Southern California, Department of Orthopaedic Surgery. **Arianjam A**, Fitzpatrick M, and Itamura JM

TEAM PHYSICIAN EXPERIENCE

2019 - Present	Pomona Pitzer/Claremont Colleges, <i>NCAA Division III Football, Baseball, Soccer</i>
2015 - 2018	Apple Valley High School, <i>Football, Baseball, Soccer</i>
2014 - 2015	Los Angeles Angels of Anaheim, <i>Major League Baseball</i>
2014 - 2015	University of California Irvine, <i>Baseball, Basketball, Soccer, Volleyball, Water Polo</i>
2014 - 2015	Santa Ana College Football Tustin High School Football
2010 - 2014	Sacred Heart Cathedral Preparatory School, <i>High School Football</i>

COMMUNITY SERVICE

2009 - 2011	Norcal for Democracy and Freedom <i>Volunteer</i>
2005 - 2007	Los Angeles County Community Outreach <i>Juvenile Hall Mentor</i>
2005 - 2007	Project Santa, Children's Hospital Los Angeles <i>Volunteer</i>
2005 - 2007	Tom Bradley Mini-Medical School <i>Student Teacher</i>

PROFESSIONAL ORGANIZATIONS

2009 - Present	American Academy of Orthopaedic Surgeons <i>Member, Fellow</i>
2018 - 2020	California Orthopaedic Association <i>Member</i>
2011 - 2012	American Academy of Orthopaedic Surgeons <i>Learning Portfolio Committee Member</i>
2005 - 2008	Associated Students of the School of Medicine, USC <i>Web Developer, Communication Chair</i>
2006 - 2007	California Medical Association <i>Communication Chair</i>

AWARDS

2020 - 2022	Physicians for a Healthy California: CalHealthCares Award Recipient
2008 - 2009	Tappan Scholarship
2008 - 2009	Dr. Hershel and Mrs. Nora Buston Scholarship
2007 - 2008	Unihealth Foundation Tuition Scholarship
2007	University of Southern California, Medical Student Research Forum <i>Honorable Mention</i>

LANGUAGES

English, Spanish, Farsi