

Curriculum Vitae

EMILY ELIZABETH LAZAROU, MD, MS, RD

PRESENT: A Diplomate of The National Board of Physicians and Surgeons
Board Certified and Fellowship trained in Forensic Psychiatry
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EDUCATION:

July 2007-June 2008 Fellow, Forensic Psychiatry Program. University of South Florida, College of Medicine. Tampa, Florida.
June 2008 Certified Independent Medical Examiner (CIME). American Board of Independent Medical Examiners. Chicago, IL.
December 2007 Completed 4-hour Required Guardianship Evaluator Training for Florida. Tampa, Florida.
December 2006 Completed Florida Forensic Examiner Training Program. St Petersburg, Florida.
July 2005-June 2006 Chief Resident of Psychiatry. University of South Florida, College of Medicine. Tampa, Florida.
July 2002-July 2005 Resident of General Adult Psychiatry. University of South Florida, College of Medicine. Tampa, Florida.
June 1998-May 2002 Medical Degree, University of Texas Medical School. San Antonio, Texas.
Jan 1998-June 1998 Dietetic Internship, Scott and White Hospital. Temple, Texas.
June 1996-June 1998 Master of Science in Human Nutrition. Texas A&M University. College Station, Texas.
June 1992-May 1996 Bachelor of Science. Dietetics. Baylor University. Waco, Texas

LICENSURE:

Medical License, Florida
Medical License, Illinois
Medical License, Mississippi
Medical License, Texas
Dietetic License, Texas

PROFESSIONAL MEMBERSHIPS:

Florida Medical Association
American Academy of Psychiatry and the Law (AAPL)

EMPLOYMENT EXPERIENCE:

- President, La Coop, PA. Tampa, FL. June 2008-present.
- Psychiatric UM Consultant, Toney HealthCare Consulting. Tampa, FL. October 2017-present.
- Medical Director, Health Integrated. Tampa, FL. April 2016-January 2019.
- Telepsychiatrist, JSA Health Telepsychiatry. Houston, TX. March 2013-September 2018.
- Behavioral Health Clinical Education Consultant, Health Integrated. Tampa, FL. March 2016.
- Telepsychiatrist, The Center for Health Care Services – Outpatient NGRI Clinic 4418 Forensic Court Services. San Antonio, TX. November 2013-November 2014 and March 2015-September 2017.
- Telepsychiatrist, The Center for Health Care Services – Crisis Care Center and Crisis Transitional Unit. San Antonio, TX. June 2013-March 2015.
- Attending Psychiatrist, Tampa General Hospital. July 2008-April 2014.
- Telepsychiatrist, North Texas State Hospital. Competency Restoration Program. Vernon, TX. October 2013-February 2014.
- Chief Psychiatrist, Citrus County Detention Facility. Lecanto, FL. October 2010-October 2013. (Through Maxim).
- Chief Psychiatrist, Psychiatric Dorms (V,U,S,T dorms). Union Correctional Facility. Raiford, FL. March 2007-April 2007; February and May 2008; March, April, May 2009; May, June and July 2010 (Through Staff Care).
- Psychiatrist, Family Preservation Services of Florida. Tampa, FL. March 2010.
- Associate Medical Director for Behavioral Health, Health Integrated. Tampa, FL. July 2008-January 2010.
- Consulting Psychiatrist, Health Integrated. Tampa, FL. May 2008-June 2008.
- Consulting Psychiatrist, Polk County Jail. Bartow, FL. May 2007-June 2007 (Through Staff Care).
- Chief Psychiatrist, L dorm. Zephyrhills Correctional Facility. Zephyrhills, FL. April 2007 (Through Locum Tenans).
- Chief Psychiatric Compensation and Pension Evaluator. Tampa Veteran's Administration Hospital. Tampa, Florida. July 2004-June 2007.
- Psychiatrist on Duty, Bay Pines Veteran's Administration Hospital. Bay Pines, Florida. July 2005-May 2007.
- Consulting Psychiatrist, Premier Community Health Care Group, Inc. Dade City, Florida. July 2006-December 2006.

USF DEPARTMENT OF PSYCHIATRY ACTIVITIES:

- Volunteer Faculty. Affiliate Assistant Professor. University of South Florida College of Medicine. Department of Psychiatry and Behavioral Medicine. January 2009-present.
- Adjunct Assistant Professor. University of South Florida College of Medicine. Department of Psychiatry and Behavioral Medicine. June 2008-January 2009.
- Chief Resident. University of South Florida Department of Psychiatry and Behavioral Medicine. 2005-2006.
- Member. Resident Curriculum Committee, Medical Student Education Committee, Resident Education Committee, Residency Recruitment Committee. University of South Florida Department of Psychiatry and Behavioral Medicine. 2005-2006.
- Resident Co-researcher. Silver Child Development Center. Administered Kids SADS Questionnaires to study participants and their parents, 2004.

OTHER ACTIVITIES:

Member, Kappa Omicron Nu Honor Society. Baylor University. Waco, Texas.

PAPERS:

"Critogenic fallout - the psychological remnants left by a hired gun." In progress.

"Whatever happened to Professional Courtesy?" The Bulletin. September/October issue, 2013.

"Sexual Sadism, Psychopathy, and Recidivism in Juvenile Sexual Murderers." Journal of Investigative Psychology and Offender Profiling. 2009.

"Manufacturing Crystal Meth - A case of the medical-psychiatric complications of an illegal act." Journal of Psychiatric Practice. July 2008.

"The Psychological Effects of Leech Therapy after Auto-Amputation of the Penis." Journal of Psychiatric Practice. March 2006.

OTHER PUBLICATIONS:

Patient Newsletter for La Coop, PA

Contributor to Tampa Woman Newspaper

Contributor to the Florida Borderline Personality Disorder Association Newsletter

PRESENTATIONS:

- "Psychiatric Aspects of MS – Pathophysiology and treatment of Psychiatric Conditions within the Population." Health Integrated Synergy Care Manager training. Tampa, Florida. November 8, 2018.
- "Psychological Impact of Cancer Diagnosis and treatment – What can we do as care providers?" Health Integrated Synergy Care Manager training. Tampa, Florida. September 13, 2018.
- "Prader Willi Syndrome – Genetics, Psychiatric and Behavioral Symptoms and treatment – Child Clinical Case Conference." Health Integrated Behavioral Health Care Management Team training. Tampa, Florida. September 12, 2018
- "Fibromyalgia – Real? Or a Figment of Patients' imaginations?" Health Integrated Synergy Care Manager training. Tampa, Florida. February 8, 2018.
- "An Unusual Case of Hypochondriasis - Diagnosis and Case Management." Health Integrated Synergy Care Manager training. Tampa, Florida. January 19, 2018.
- "Nutritional Aspects of Pain Management: Physiology and Dietary Management." Health Integrated Synergy Care Manager training. Tampa, Florida. January 11, 2018.
- "Dissociative Identity Disorder – Discussion of a clinical case of Sleep Walking and Diagnostic Clarification." Health Integrated Synergy Care Manager training. Tampa, Florida. October 26, 2017.
- "Personality Disorders – Part I: Etiology and Clinical Case." Health Integrated Behavioral Health Utilization Management Team training. Tampa, Florida. October 19, 2017
- "Neurobiology of Trauma – Part IV: Human Neurodevelopment and practical applications for treatment." Health Integrated Synergy Care Manager training. Tampa, Florida. September 14, 2017.
- "Neurobiology of Trauma – Part III: Human Neurodevelopment From Birth forward." Health Integrated Synergy Care Manager training. Tampa, Florida. August 29, 2017.

- “Brief Psychotic Disorder.” Health Integrated Behavioral Health Utilization Management Team training. Tampa, Florida. August 29, 2017
- “Women’s Issues in Mental Health – the effects of hormones and sociology on Psychiatric Symptomatology.” Health Integrated Behavioral Health Utilization Management Team training. Tampa, Florida. June 15, 2017
- “Neurobiology of Trauma – Part II: Human Neurodevelopment and Interventions we can make before birth.” Health Integrated Synergy Care Manager training. Tampa, Florida. June 8, 2017.
- “Neurobiology of Trauma – Part I: Human Neurodevelopment and Interventions we can make before birth.” Health Integrated Synergy Care Manager training. Tampa, Florida. May 11, 2017.
- “Obsessive Compulsive Personality Disorder – Clinical Presentation, treatment options, and social implications.” Health Integrated Behavioral Health Utilization Management Team training. Tampa, Florida. March 30, 2017.
- “Obsessive Compulsive and Related Disorders – Clinical Case and Utilization Management.” Health Integrated Behavioral Health Utilization Management Team training. Tampa, Florida. February 16, 2017.
- “Noonan’s Syndrome: Etiology, Clinical Implications, and Psychiatric Manifestations.” Health Integrated Synergy Care Manager training. Tampa, Florida. January 12, 2017.
- “Mood Disorders, Part III: Depressive Disorders – Clinical Case and Utilization Management.” Health Integrated Behavioral Health Utilization Management Team training. Tampa, Florida. December 15, 2016.
- “Delusional Disorders: Psychopathology, Medication Management and Behavioral Interventions.” Health Integrated Synergy Care Manager training. Tampa, Florida. December 8, 2016.
- “Mood Disorders, Part II: Depressive Disorders – The Biological basis for disease and Clinical Case Management.” Health Integrated Behavioral Health Utilization Management Team training. Tampa, Florida. November 17, 2016.
- “Multiple Sclerosis: Psychotherapeutic and Behavioral Interventions.” Health Integrated Synergy Care Manager training. Tampa, Florida. November 10, 2016.
- “Multifactorial Eating Disorder Case Discussion – Biopsychosocial aspects of a clinical case.” Health Integrated Behavioral Health Utilization Management Team training. Tampa, Florida. October 28, 2016.
- Doctoring I: “The Mental Status Examination/Cognitive Assessment.” USF First Year Medical Student Seminar. Tampa, Florida. October 25, 2016.
- “Mood Disorders, Part I: Bipolar Disorders – The Biological basis for disease and Clinical Case Management.” Health Integrated Behavioral Health Utilization Management Team training. Tampa, Florida. October 20, 2016.
- “PTSD – Diagnosis and Clinical Cases.” Health Integrated Behavioral Health Utilization Management Team training. Tampa, Florida. September 15, 2016.
- “Clinical Challenges with Juvenile patients: Diagnosis, Biological and Behavioral Interventions.” Health Integrated Synergy Care Manager training. Tampa, Florida. August 25, 2016.
- “Eating Disorders – Diagnosis and Treatment.” Health Integrated Synergy Care Manager training. Tampa, Florida. August 11, 2016.
- “Alternative Therapies for Pain Management beyond Medication.” Health Integrated Synergy Care Manager training. Tampa, Florida. July 28, 2016.

- “Schizophrenia – proper diagnosis, clinical case management, and treatment.” Health Integrated Synergy Care Manager training. Tampa, Florida. July 28, 2016.
- “How to Present Clinical Cases.” Health Integrated Case Manager training. Tampa, Florida. June 22, 2016.
- “Nutritional Aspects of Psychiatry.” Health Integrated Synergy Care Manager training. Tampa, Florida. June 9, 2016.
- “Borderline Personality Disorder – what it is and how to manage it.” Health Integrated Synergy Care Manager training. Tampa, Florida. May 5, 2016 .
- Doctoring I: “The Mental Status Examination/Cognitive Assessment.” USF First Year Medical Student Seminar. Tampa, Florida. October 20, 2015.
- “How to become a Psychiatrist and what is practice like?” USF - Psychiatry Interest Coalition. Tampa, Florida. October 13, 2015.
- “Workplace Ethics.” Employee Training. US Signs & Letters. Hudson, Florida. October 2, 2015.
- “Criminal Responsibility.” USF Resident Forensic Lecture Didactic Series. Tampa, Florida. September 17, 2015.
- “Psychiatric Malpractice.” USF Resident Forensic Lecture Didactic Series. Tampa, Florida. September 10, 2015.
- “Competence to Stand Trial.” USF Resident Forensic Lecture Didactic Series. Tampa, Florida. September 3, 2015.
- “The Expert Psychiatric Witness in Court.” USF Resident Forensic Lecture Didactic Series. Tampa, Florida. August 27, 2015.
- “PTSD.” USF - Psychiatry Interest Coalition. Tampa, Florida. April 3, 2015.
- Doctoring I: “The Mental Status Examination/Cognitive Assessment.” USF First Year Medical Student Seminar. Tampa, Florida. October 23, 2014.
- “Life After Residency, Private Practice – Fee for Service.” USF Psychiatric Resident training. Tampa, Florida. August 23, 2012.
- “The Battered Woman Syndrome.” West PASCO Defense Attorney Association. West PASCO Government Center. New Port Richey, FL. February 23, 2011.
- “The Amazing Nervous System.” The B.E.S.T. program’s summer medical academy. The HOPE Center. Tampa, FL. June 22, 2010.
- “Neuroplasticity Significance in Treatment and Prognosis in Psychiatric Illness with Specific Implications for BPD.” BPD and Current Evidence-Based Practices educational conference sponsored by the FBPDA. St. Petersburg College EpiCenter in Largo, FL. April 23, 2010.
- “Your Health – the Effects of Stress, Exercise, and Nutrition.” Tampa General Hospital Women’s Leadership Council meeting. Tampa Bay Performing Arts Center in Tampa, Florida. March 10, 2010.
- “Personality Disorders.” 3 hour USF Psychiatric Resident training. Tampa, Florida. January 28, 2010.
- “PTSD.” Health Integrated Synergy Care Manager training. Tampa, FL and Seattle, Washington [via WEBEX]. October 15,2008; January 22, 2009; March 18, 2009; December 9, 2009.
- “Psychopharmacology.” Health Integrated Utilization Management training. Tampa, FL. January 22, 2009; April 22, 2009; March 18, 2009; December 8, 2009.
- “Management of Obesity.” Health Integrated Synergy Care Manager training. Seattle, Washington [via WEBEX]. October 15, 2008; January 22, 2009; April 22, 2009; March 18, 2009; December 2, 2009.

- “Handling Holiday Stress.” Guest on the radio talk show: Getting it Right after Getting it Wrong with Curt Miller. November 21, 2009.
- “Your Health – the Effects of Stress, Exercise, and Nutrition.” Tampa General Hospital Community Education Program. Tampa, Florida. November 6, 2009.
- “Post Traumatic Stress Disorder.” Guest on the radio talk show: Getting it Right after Getting it Wrong with Curt Miller. October 17, 2009.
- “Every Woman all of the time: How to cope.” Speaking of Women’s Health Conference hosted by Tampa General Hospital. Tampa Convention Center in Tampa, Florida. October 3, 2009.
- “Narcissistic Personality Disorder.” Guest on the radio talk show: Getting it Right after Getting it Wrong with Curt Miller. September 19, 2009.
- “Deciphering Food Labels.” Health Integrated Synergy Care Manager training. Seattle, Washington [via WEBEX] and Tampa, Florida. July 29, 2009.
- “Eating Disorders.” Health Integrated Synergy Care Manager training. Seattle, Washington [via WEBEX] and Tampa, Florida. March 18, 2009; July 15, 2009.
- “Suicide Risk Assessment: Medical-legal aspects of a Psychiatric problem.” Florida Borderline Personality Disorder Association. Tampa, Florida. July 9, 2009.
- “Medication Management for BPD—less is more.” BPD and Current Evidence-Based Practices educational conference sponsored by the FBPDA. St. Petersburg College EpiCenter in Clearwater, FL. April 24, 2009.
- “Major Depressive Disorder.” Health Integrated Synergy Care Manager training. Seattle, Washington [via WEBEX]. October 15, 2008; January 22, 2009; March 18, 2009; April 22, 2009.
- “BPD Diagnostic Overlap: How to Solve the Diagnostic Dilemma.” BPD and Current Evidence-Based Practices educational conference sponsored by the FBPDA. St. Petersburg College EpiCenter in Clearwater, FL. April 24, 2009.
- “Case Study for Psychotic Disorders.” HealthSpring UM Clinician training. Nashville, TN [via WEBEX]. April 3, 2009.
- “Substance Use Disorders.” HealthSpring UM Clinician training. Nashville, TN [via WEBEX]. April 1, 2009.
- “Psychotic Disorders.” HealthSpring UM Clinician training. Nashville, TN [via WEBEX]. March 31, 2009.
- “Substance Use Disorders.” Health Integrated UM Clinician training. Tampa, Florida. February 24, 2009.
- “Psychotic Disorders.” Health Integrated UM Clinician training. Tampa, Florida. January 27, 2009.
- “Case Study for Psychotic Disorders.” Health Integrated UM Clinician training. Tampa, Florida. January 28, 2009.
- “Psychopharmacology for Borderline Personality Disorder – Less is more.” Florida Borderline Personality Disorder Association. Tampa, Florida. January 15, 2009.
- “How to Move on after a Physically Abusive relationship.” The Spring. Tampa, Florida. January 12, 2009.
- “Depression in the Geriatric Population.” Health Integrated for HealthSpring Medical Director UR training. Nashville, TN. November 18, 2008.
- “Dementia.” Health Integrated for HealthSpring Medical Director UR training. Nashville, TN. November 18, 2008.
- “Substance Dependence in the Geriatric Population.” Health Integrated for HealthSpring Medical Director UR training. Nashville, TN. November 18, 2008.

- "Schema therapy in Borderline Personality Disorder." Florida Borderline Personality Disorder Association. Tampa, Florida. June 19, 2008.
- "The Mental Status Examination." USF First Year Medical Student Seminar. Tampa, Florida. April 15, 2008.
- "The role of Hypnosis, Amytal Interview, and Polygraph in Forensic Psychiatry." USF Forensic Didactics. Tampa, Florida. April 10, 2008.
- "Understanding Borderline Personality Disorder." Florida Borderline Personality Disorder Association. Tampa, Florida. March 6, 2008.
- "Evaluation and Treatment of Incarcerated Individuals." USF Forensic Didactics. Tampa, Florida. February 28, 2008.
- "Prisoners' Rights." USF Forensic Didactics. Tampa, Florida. February 21, 2008.
- "Competence to Stand Trial." USF Forensic Didactics. Tampa, Florida. January 29, 2008.
- "Liability to Patients." USF Forensic Didactics. Tampa, Florida. January 10, 2008.
- "Confidentiality." USF Forensic Didactics. Tampa, Florida. January 3, 2008.
- "Managed Care." USF Forensic Didactics. Tampa, Florida. December 20, 2007.
- "Right to Die." USF Forensic Didactics. Tampa, Florida. December 6, 2007.
- "Right to Refuse Treatment." USF Forensic Didactics. Tampa, Florida. November 29, 2007.
- "Right to Treatment." USF Forensic Didactics. Tampa, Florida. November 15, 2007.
- "Sexual Harassment." USF Forensic Didactics. Tampa, Florida. November 8, 2007.
- "Disability; Americans with Disabilities Act; Worker's Compensation." USF Forensic Didactics. Tampa, Florida. November 1, 2007.
- "Suicide." USF Forensic Didactics. Tampa, Florida. October 18, 2007.
- "Personal Injury Litigation." USF Forensic Didactics. Tampa, Florida. October 11, 2007.
- "Psychiatric Malpractice." USF Forensic Didactics. Tampa, Florida. October 4, 2007.
- "Civil Competency." USF Forensic Didactics. Tampa, Florida. August 30, 2007.
- "Depositions; Testimony; Expert Witness Testimony Standards." USF Forensic Didactics. Tampa, Florida. August 16, 2007.
- "Legal Regulation of the practice of Psychiatry; Related Statutes." USF Forensic Didactics. Tampa, Florida. August 9, 2007.
- "Ethical Issues in Forensic Psychiatry; AAPL Ethical Guidelines." USF Forensic Didactics. Tampa, Florida. July 26, 2007.
- "Roles and Responsibilities of Forensic Psychiatrists." USF Forensic Didactics. Tampa, Florida. July 19, 2007.
- "History of Forensic Psychiatry." USF Forensic Didactics. Tampa, Florida. July 12, 2007.
- "The Mental Status Examination." USF Psychiatric Intern Lecture Series. Tampa, Florida. Spring 2006.
- "The Psychiatric Interview." USF Psychiatric Intern Lecture Series. Tampa, Florida. Spring 2006.
- "Personality Disorders." USF Psychiatric Intern Lecture Series. Tampa, Florida. Spring 2006.
- "Anxiety Disorders." USF Psychiatric Intern Lecture Series, Tampa, Florida. Spring 2006.
- "Forensic Psychiatry I and II." USF Psychiatric Intern Lecture Series. Tampa, Florida. Spring 2006.
- "The Oral Examination: Psychiatric Board Preparation." USF Psychiatric Intern Lecture Series. Tampa, Florida. Spring 2006.
- "Personality Disorders." USF Medical Student Lecture Series. Tampa, Florida, 2005-2006.
- "Anxiety Disorders." USF Medical Student Lecture Series. Tampa, Florida, 2005-2006.

- “Nutritional Aspects of Addiction.” Continuing Education for DACCO staff. Tampa, Florida, 2005.
- “How to treat patients with Personality Disorders and Addictions.” Continuing Education Seminar for Methadone Clinic staff. Tampa, Florida, 2005.
- “Psychiatry and Nutrition – Psychotropic Medication - Side Effects and Nutritional Implications.” Tampa Dietetic Association. Tampa, Florida, 2004.
- “Decreased Functionality in Elder Mexican Americans: Description of an Overweight Model of Frailty.” Presented at the American Geriatric Society Annual Meeting. Vancouver, Canada, 2001.

AWARDS:

- Patients' Choice 5th Anniversary Award. The Patients' Choice Award - 5 Year Honoree is a recognition granted only to those doctors whose ratings have reflected excellence in care for five years in a row. Only 1% of all doctors in the United States are bestowed this honor by their patients.
- Vitals Top Ten Doctor Recognition from Vitals.com, 2014. Top 10 Doctors are chosen by the millions of patients who visit Vitals each year to find a new doctor and share their experiences by providing ratings and reviews. In order to differentiate highly-regarded doctors from the rest for patients in search of quality care, Vitals awards Top 10 Doctor honors to those physicians within a certain specialty and geographic area who are consistently given top ratings by their patients.
- Patients' Choice Award from Vitals.com, 2010, 2011, 2012 and 2013. Patients' Choice recognition reflects the difference a particular physician has made in the lives of her patients. The honor is bestowed to physicians who have received near perfect scores, as voted by patients.
- Compassionate Doctor Recognition from Vitals.com, 2010, 2011, 2012 and 2013. Compassionate Doctor Certification is granted to physicians who treat their patients with the utmost kindness. The honor is granted based on a physician's overall and bedside manner scores.
- On-Time Doctor Award. Vitals On-Time + Promptness Award recognizes doctors with consistent high ratings for timeliness of appointments. The honor is granted based on a physician's overall and promptness scores.
- Psychiatrist of the Year, Florida Borderline Personality Disorder Association, September 2008/2009.
- Honorable Mention, Richard Rosner Award for the Best Paper by a Fellow in Forensic Psychiatry or Forensic Psychology, February 2008.
- Hibbs-Bourkard Award for Outstanding Resident in Psychiatry, 2005/2006.
- American Federation for Aging Research Scholarship, 2000 and 2001.
- Academic Excellence Award, Texas A&M University, 1997.
- Mortar Board's Outstanding Senior Woman, Baylor University, 1996.

VOLUNTEER ACTIVITIES:

- Mentoring a USF MCOM Select Medical Student who wants to go into Psychiatry. October 2014-present.
- Sustaining Member, The Junior League of Tampa. April 2013-present.
- Mentored a girl from Le Canto Middle School who wrote me as she said that I was an inspirational person. March 2013.

- Taught a Skype tele-session for a psychology class of students at Terry High School in Rosenberg, Texas. February 2012.
- Participated in an interview by a Paralegal for her class project. March 2011.
- Mentored a High School student interested in Psychiatry.
- Donation of one of my paintings for a Breast Cancer Awareness fundraiser at Health Integrated. October 2009.
- Donation of one of my paintings to the AFAR annual art auction, which raises money for the AFAR Research Grant Program. September 2009.
- Clinical Practice Examination Evaluator. University of South Florida Department of Psychiatry Residency training program. May 7, 2009; February 18, 2010; February 28, 2013.
- Florida Borderline Personality Disorder Association
- The Spring of Tampa Bay