



Northwest Physical Medicine

Jennifer J. James, MD

CURRICULUM VITAE

Jennifer J. James, MD

Updated February 1, 2011

- Board Certified In Physical Medicine and Rehabilitation (#6350)
- Board Certified In Spine and Spinal Cord Injury Medicine (#382)
- Board Eligible in Pain Medicine
- Certified Independent Medical Examiner, State of Washington
- Independent Examiner, Board of Industrial Insurance Appeals, State Of Washington
- Clinical Associate Professor, Department Of Physical Medicine and Rehabilitation, University Of Washington (2004-2010)
Clinical Assistant Professor 1998-2004

LICENSURE TO PRACTICE:

Washington State Physician and Surgeon (MD00037010)

CURRENT POSITIONS:

Northwest Physical Medicine, Seattle, WA

- Active practice in Physical Medicine and Rehabilitation
- Active practice in spine and spinal cord injury diagnosis and treatment
- Chronic pain management
- Neurotrauma rehabilitation
- Life care planning
- Independent medical examinations, expert witness deposition and testimony
- Medical-legal consultations

Medical Director, Advanced Medical Group, Inc., Issaquah, WA

- Independent medical examinations

CONTACT INFORMATION:

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POSITIONS HELD:

2006-current: Active clinical privileges, Highline Medical Center, Burien, WA

1998-2006: Attending Physician, Spinal Cord Injury (SCI) Unit & National Center of Excellence for SCI Rehabilitation, Veterans Affairs Puget Sound Health Care System (VAPSHCS), Seattle, WA

- Tertiary care SCI unit serving Veterans from a five-state region
- Leader of multidisciplinary inpatient SCI team including SCI subspecialty fellows; resident physicians; PhD psychologists; physician assistants; nurses; social workers; occupational therapists, physical therapists, speech therapists, respiratory therapists, recreational therapists, vocational rehabilitation therapists
- SCI and primary medical care for spinal cord injury patients
- SCI consultation to inpatient specialty medical/surgical and outpatient primary and specialty medical/surgical services

- Director: SCI and hospital pain consult service

- Director: SCI and hospital wound management consult service

1998-2006: Attending Physician, Harborview and University Hospital

2003-2006: Director: Complementary and Alternative Medicine consult service

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1991-1993: Graduate teaching assistant (neuroanatomy and neuropathology),
University of Vermont College of Medicine, Burlington, VT

1980-1990: Co-Director & Chief Physiotherapist, Boulder Therapeutic
Services, Boulder, CO

1978-1980: Craig Hospital, Englewood, CO staff physiotherapist

PROFESSIONAL MEMBERSHIPS:

North American Spine Society

American Paraplegic Society

Washington Association of Independent Medical Examiners

World Spine Association

American Medical Association

American Academy of Physical Medicine and Rehabilitation

EDUCATION:

1978: Bachelor of Science in Physiotherapy, with honors, Colorado State
University, Ft. Collins, CO

1994: Doctor of Medicine, University of Vermont College of Medicine, Burlington

POSTGRADUATE TRAINING:

1994-1995: Internship, Internal Medicine, University of Colorado & Presbyterian
St. Luke's Medical Center, Denver, CO

1997: Craig Hospital, Englewood, CO (US News and World report ranks #1
rehabilitation for spine injuries, spinal cord injuries, traumatic brain
injuries in the world)

1995-1998: Resident, Department of Physical Medicine and Rehabilitation,
University of Colorado School of Medicine, Denver, CO

1998-1999: Spinal Cord Injury fellowship, University of Washington (US News
and World report ranks UW #2 for rehabilitation for spine injuries, spinal cord
injuries, and traumatic brain injuries in the world)

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HONORS and AWARDS:

- 2005: Washington State Fraternal Order of Eagles, Award for Research in Spinal Cord Injury (\$30,000), including: Pharmacologic treatment of autonomic dysreflexia; Alternative modalities for pain management; and Post-traumatic syringomyelia in spinal cord injury.
- 2000: American Spinal Injury Association 26th Annual Meeting, Second place award for poster presentation: "The Use of Oxandrolone in the Treatment of Superior Mesenteric Artery Syndrome Following Acute Traumatic Tetraplegia"
- 1998: National Research Enrichment Program award, University of Missouri at Columbia
- 1995: Resident Physician of the Year, Department of Internal Medicine, University of Colorado School of Medicine: "For clinical excellence, compassion, and superior knowledge of medical and neurological diagnoses and intervention."
- 1995: American College of Physicians First Place award for oral presentation: "Situs Inversus with Cardiovascular and Pulmonary Complications: A Case Report and Brief Review of the Literature."
- 1978: Cum laude graduate, Bachelor of Science in Physiotherapy, Colorado State University, Ft. Collins, CO.

PUBLICATIONS:

Articles in Peer Reviewed Journals

1. Mohit AA, Mirza S, James J, Goodkin R. Charcot arthropathy in relation to autonomic dysreflexia in spinal cord injury: a case report and review of the literature. *J Neurosurg Spine* 2005; 2(4):476-480.
2. Komar JC, James J, Little JW: Scheuermann's Kyphosis Following Cervical Spinal Cord Injury. *Journal of Spinal Cord Medicine*. 2003; 26:92-94.
3. Petchkkrua W, Burns SP, Stiens SA, James JJ, Little JW. Prevalence of vitamin B12 deficiency in spinal cord injury. *Archives of Physical Medicine & Rehabilitation*. 2003; 84:1675-1679.
4. Petchkrua W, Little JW, Burns SP, Stiens SA, James JJ. Vitamin B12 deficiency in spinal cord injury: a retrospective study. *Journal of Spinal Cord Medicine*. 2003; 26:116-121.
5. Yin KS, James J, Lew K, Little JW. Refractory Heterotopic Ossification with Complications. *Journal of Spinal Cord Medicine*. 2001; 24:119-122.

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PUBLICATIONS (continued):

6. Little JW, Burns SP, James JJ, Stiens SA. Neurologic recovery and neurologic decline after spinal cord injury. *Physical Medicine and Rehabilitation Clinics of North America*. 2000; 11:73-89.
7. James JJ. Optimal Wound Healing: A Comprehensive Approach through Metabolic, Anabolic and Nutritional Interventions. *Ostomy and Wound Management*. June, 2002 (Supplement).

Book Chapters

1. James JJ, Stiens SA, Lew K, Svircev J, Kennedy DJ. Pharmacologic Agents in Rehabilitation Medicine. In: O'Young BY, Young MA, Stiens SA (Eds.) *Physical Medicine and Rehabilitation Secrets, 3rd Ed.* 2008
2. James JJ, Cardenas D. Spinal Cord Injury. In: Garrison SJ (Ed.) *Handbook of Physical Medicine and Rehabilitation, 2nd Ed.* Lippincott, Williams and Wilkins, 2003
3. Schmitt JK, James JJ, Midha M, Armstrong B, McGurl J. Primary Care for Persons with Spinal Cord Injury. In: Lin VW, Cardenas DD (Eds.): *Spinal Cord Medicine: Principles and Practice*. New York: Demos Medical Publishing, 2002, pp. 237-246.
4. James JJ, Stiens SA, Lew K, Burns SP, Young M: Pharmacologic Agents in Rehabilitation Medicine. In: O'Young BY, Young MA, Stiens SA (Eds.): *Physical Medicine and Rehabilitation Secrets, 2nd Ed.*, 2002, pp 496-503.
5. James JJ, Hammond M. Integrative Medicine: What You Should Know. In: *Yes, You Can Manual: A Guide for Self-help for the Spinal Cord Injured Person*, 3rd Ed. Paralyzed Veterans of America, 2001.
6. James JJ, Hammond M. Pharmacology in Spinal Cord Injury. In: *Yes, You Can Manual: A Guide for Self-help for the Spinal Cord Injured Person*, 3rd Ed. Paralyzed Veterans of America, 2001.

Peer Reviewed Abstracts and Poster Presentations

1. James JJ, Svircev JN, Buhner R, Heard L, Burns, SP. The Use of a Protocol for the Management of Autonomic Dysreflexia in an Inpatient Spinal Cord Injury Unit. *Archives of Physical Medicine and Rehabilitation*. 2006; 87(11):e45.

Manuscripts Submitted or in Preparation

1. James JJ. The Effectiveness of a Pharmacologic Protocol for the Treatment of Autonomic Dysreflexia in a Spinal Cord Injury Population.

Other Publications

1. Nance P, James JJ, Nance D, McNeil B, Yarberry C, Calvert J, Montroy R, Jacobs M, Eltorai I. Wound Healing in Spinal Cord Injury. *Critical Reviews in Physical and Rehabilitation Medicine*. 2002.

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TEACHING RESPONSIBILITIES –

UNIVERSITY OF WASHINGTON SCHOOL OF MEDICINE:

- 2002-2006: Department of Physical Medicine & Rehabilitation National Annual Review Course: Chairperson for Modules on "Medical Complications Of Spinal Cord Injury, Part I and II" and "Upper Extremity Orthoses"
- 1998-2006: Problem Based Learning Course (Human Biology 553), University of Washington School of Medicine: Instructor for resident and medical student course on performing physical examinations and formulating diagnoses.
- 1998-2006: Department of Physical Medicine & Rehabilitation, spinal cord injury fellowship. Didactic instruction and clinical supervision of spinal cord injury medicine fellows.
- 1998-2006: Department of Physical Medicine & Rehabilitation residency training program, University of Washington, Seattle, WA.
Resident didactics series coordinator and lecturer: spinal cord injury
Clinical supervision of Physical Medicine and Rehabilitation residents during spinal cord injury unit rotation.
Coordinator and lecturer: Spinal cord injury pharmacology weekly ward rounds and case review conferences
Coordinator and lecturer: Neurosurgery, Neuroradiology, and spinal cord injury weekly ward rounds and case review conference
- 1998-2006: Chronic Disease and Disability Clerkship (Physical Medicine and Rehabilitation 685), University of Washington School of Medicine.
Didactic teaching sessions and clinical supervision of third- and fourth-year medical students during rehabilitation medicine clerkship.

NATIONAL PRESENTATIONS:

"Upper Extremity Orthoses" National Annual Review Course for Physical Medicine and Rehabilitation, University of Washington; March 2004, April 2006, May 2007, March 2008

"Medical Complication of Spinal Cord Injury, Part I and II" National Annual Review Course for Physical Medicine and Rehabilitation, University of Washington; March 2004, April 2006, March 2007 and March 2008

"Complementary and Alternative Medicines: focus on herbal remedies" Hawaii Medical Association, Annual Conference, September 2003.

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NATIONAL PRESENTATIONS (continued):

"Post-Traumatic Syringomyelia: A Multidisciplinary Approach to Conservative Management" American Paraplegia Society, Annual Meeting, September 2002.

"Post-Traumatic Syringomyelia: Psychosocial Dilemmas in Conservative Management" American Paraplegia Society, Annual Meeting, September 2002.

"Optimal Wound Healing: A Comprehensive Approach Through Metabolic, Anabolic, and Nutritional Intervention" 15th Annual Advanced Wound Care Symposium, Baltimore, Maryland, April 2002.

"Comprehensive Metabolic and Anabolic Interventions for Optimal Wound Healing" University of Miami and West Palm Beach VA Comprehensive Conference on Wound Care and Adjunctive Therapies, April 25, 2001.

"Metabolic and Anabolic Interventions for Optimal Wound Care" Grand Rounds Presentation, Rusk Rehabilitation Institute, New York, November 2000.

"New Approaches to Comprehensive Assessment and Management of Pressure Ulcers and Wound Care" Seminar & workshop. American Association of Physical Medicine and Rehabilitation, Annual Meeting, November 4, 2000.

"Clinical Applications of Integrative Medicine" Grand Rounds Presentation, Rehabilitation Institute of Chicago, October 6, 1999.

"Protein Calorie Malnutrition and Delayed Wound Healing" Grand Rounds Presentation, Spinal Cord Injury Service, St. Louis VA Medical Center, August 4, 1999.

"Review of Neuroanatomy for the Clinician" American Speech and Hearing Association, National Conference, Ft. Collins, Colorado, 1998.

"Clinical Effects of Frontal Lobe Traumatic Brain Injury" University of Colorado Grand Rounds, March, 1997.

"Clinical Applications of Neuroanatomy" University of Colorado College of Physical Therapy, 1996-97.

University of Colorado Physical Medicine and Rehabilitation residency lecture series: Spinal Cord Injury Curriculum, 1996-1997.

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LOCAL PRESENTATIONS:

"Multidisciplinary Approach to Post-Traumatic Syringomyelia in Spinal Cord Injured Individuals" Grand Rounds Presentation, Departments of Physical and Occupational Therapy, University of Washington, Seattle, WA, November 24, 2005

"Medical and Interdisciplinary Team Management of Pressure Ulcers, Interactive Case Studies" Grand Rounds Presentation, Medicine Service, Harborview Medical Center, Seattle, WA, December 2002.

"Medical and Interdisciplinary Team Management of Pressure Ulcers, Interactive Case Studies" Grand Rounds Presentation, Medicine Service, Veterans Affairs Puget Sound Health Care System, Seattle, WA, December 2002.

"Beyond Wet-to-Dry, Comprehensive Wound Healing" Grand Rounds Presentation Department of Surgery, University of Washington School of Medicine, Seattle, WA, September 12, 2001.

"Clinical Applications of Complementary and Alternative Medicine" Department of Veterans Affairs, Veteran's Integrated Service Network (VISN) 20 medical directors and clinical leaders summit meeting, April 4, 2001.

"Clinical Applications of Integrative Medicine" Grand Rounds Presentation, Department of Physical Medicine and Rehabilitation, University of Washington School of Medicine, Seattle, WA, October 30, 2000.

"Nutritional Assessment and Management for Optimal Wound Healing" Virginia Mason Medical Center, Seattle, WA, November 21, 2000.

"Wound Care: Assessment and Treatment" Grand Rounds Presentation, Medicine Service, Veterans Affairs Puget Sound Health Care System, Seattle, WA, December 2, 1999.

"Nutrition and Anabolic Intervention in Rehabilitation Medicine" Northwest Association of Physical Medicine and Rehabilitation Annual Meeting, Seattle, WA, September 26, 1999.

"Clinical Applications of Integrative Medicine" Department of Veterans Affairs, Veteran's Integrated Service Network (VISN) 20 Medical Directors conference, September 20, 1999.

"Clinical Applications of Integrative Medicine" Internal Medicine Grand Rounds Presentation, Veterans Affairs Puget Sound Health Care System, Seattle, WA

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