

Kian Raiszadeh, MD

Education: University of California, San Diego, School of Medicine
MD, 09/1998 – 06/2002

University of California, Berkeley
Bachelor of Arts, 09/1993 – 06/1998

Post Graduate Training:

Sports Medicine Fellowship
Kaiser Permanente Orthopaedic Department, San Diego
07/2007 – 06/2008

Orthopedic Surgery Residency
University of Medicine and Dentistry of New Jersey
08/2003 – 06/2007

General Surgery Internship
University of Medicine and Dentistry of New Jersey
08/2002 – 06/2003

Professional Experience:

Sharp Grossmont Hospital
Orthopedic Surgeon, Trauma
2023 - Present

Spectrum Medical Evaluators
Orthopedic Surgeon, QME
2023 - Present

SpineZone Medical Fitness, Livara
Founder
2010 – Present

SpineZone Medical Fitness, Livara
CEO
2014 – 2023

Kaiser Permanente San Diego Medical Center
Orthopedic Surgeon, Sports Medicine
2018 - 2023

Peninsula Orthopedics Associates
Orthopedic Surgeon
Daly City, CA

2014 – 2019

Kaiser Permanente San Diego Medical Center
Orthopedic Surgeon, Sports Medicine Faculty
Physician in Charge, San Marcos
2008 – 2014

Board Certification:

Diplomate, American Board of Orthopaedic Surgery
2010 – Present

Recertification Completed
2020-2030

Presentations/ Publications:

1. Rick P. Csintalan, MD, L. Daniel Latt, MD, PhD, Kian Raiszadeh, MD, Donald C. Fithian, MD, Maria Cs Inacio, PhD, Medial Patellofemoral Ligament (MPFL) Reconstruction for the Treatment of Patellofemoral Instability, *The Journal of Knee Surgery*, Sept 2013
2. Raiszadeh K, Latt D, Fithian D, Patellar stabilization for episodic patellar instability, Chapter 47, *The Knee Joint: Surgical Techniques and Strategies*, Feb 2011
3. Raiszadeh K, Singh A, Sachs R, Nerve injuries associated with shoulder arthroplasty, Podium Presentation, Annual San Diego Shoulder Meeting, June 22-25 2010
4. Fithian, D, Raiszadeh, K, Medial Patellofemoral Ligament (MPFL) Reconstruction – A Two to Six Year Follow Up. Poster Presentation, 2010 AAOS Annual Meeting in New Orleans , LA , March 9-13, 2010
5. Latt D, Raiszadeh K, Fithian D, Patellofemoral Joint Injuries, Chapter 11, *Orthopaedic Knowledge Update (OKU) 4 Sports Medicine*, AAOS, 2009
6. Akbarnia, BA, Rohmiller MT, Raiszadeh K, *Closed Suction Irrigation for Postoperative Wound Infections Of The Spine: A 12 Year Experience*, Poster Presentation, AAOS Annual Meeting, Las Vegas, NV, Feb 2009
7. Liporace, F, Dasti U, Raiszadeh, K, *Ipsilateral anterior then irreducible posterior hip dislocation without fracture: a case report. Journal Orthopaedic Trauma; 22 (5): 363-7; May/June 2008*
8. Capo J, Raiszadeh K, Swan KG, Tan V, Scientific Paper Presentation, **Annual Orthopaedic**

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Surgery and Trauma Association (OST), *The Accuracy of plain Radiographs in assessing Fractures of the Radial Head*; Brisbane, Australia, July 4, 2006

9. Akbarnia, BA, Rohmiller MT, Raiszadeh K, Raiszadeh K, Canale SK. *Treatment of Wound*

Infections Following Spinal Fusion And Instrumentation Using Closed Suction Irrigation System (CSIS): Is Implant Removal Necessary? 41st Annual Meeting, **Scoliosis Research Society**, Monterey, CA, Sept 2006

10. Akbarnia, BA, Rohmiller MT, Raiszadeh K, *Raiszadeh K*, Canale SK. *Treatment of Wound Infections Following Spinal Fusion And Instrumentation Using Closed Suction Irrigation System (CSIS): Is Implant Removal Necessary?* **European and Middle East Regional Scoliosis Research Society Meeting**, Istanbul, Turkey, May 27, 2006
11. Patel DV, Basra S, *Raiszadeh K*, Bibbo C, Scientific Paper Presentation, 73rd Annual Meeting, **American Academy of Orthopaedic Surgeons (AAOS)**, *Effect of Smoking on the Clinical Outcome and Long-term Stability of the Prostheses in Patients with Total Hip Replacement (THR)*, Chicago, IL, 2006
12. Vives M, Raiszadeh K, **Surgical Anatomy & Techniques to the Spine**, Book Chapter, Section VII, Spinal Infections, Bacterial, Fungal, and Tuberculosis Diskitis and Osteomyelitis of the Spine, 2006
13. Raiszadeh K, Capo J, Swan K, **Orthopaedics Today**, Inaccuracy of plain X-rays can alter treatments for radial head fractures, December 2005
14. Capo J, *Raiszadeh K*, Swan KG, Tan V, Scientific Paper Presentation, 72nd Annual Meeting, **American Academy of Orthopaedic Surgeons (AAOS)**, *The Accuracy of plain Radiographs in assessing Fractures of the Radial Head*; Washington, DC, Feb 25, 2005
15. Capo J, *Raiszadeh K*, Swan KG, Tan V, Scientific Paper Presentation, 60th Annual Meeting, **American Society for the Surgery of the Hand (ASSH)**, *The Accuracy of plain Radiographs in assessing Fractures of the Radial Head*, San Antonio, TX, September 24, 2005
16. Tauro J, *Raiszadeh K*, Abstract Submitted, 25th Annual Meeting, **Arthroscopy Association of North America (AANA)**, *The role of the coracoacromial ligament in arthroscopic rotator cuff repair*; Hollywood, FL, May 18-21, 2006
17. Patel DV, Basra S, *Raiszadeh K*, Bibbo C, Scientific Paper Presentation, 78th Annual Meeting, **Japanese Orthopaedic Association (JOA)**, *Effect of Smoking on the Clinical Outcome and Long-term Stability of the Prostheses in Patients with Total Hip Replacement (THR)*, Yokohama, Japan, May 12-15, 2005
18. *Raiszadeh K*, Case Presentation, 36th Annual Northeastern Mid-Atlantic Meeting, **New Jersey Orthopaedic Society**, *Chronic Osteomyelitis*, New Jersey, October 24, 2003
19. Akbarnia B, *Raiszadeh K*, Poster Presentation, 35th Annual Meeting, **Scoliosis Research**

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Society (SRS), *Closed Suction/Irrigation System for the Treatment of Postoperative Deep Wound Infection*, Cairns, Australia, Oct 18-21, 2000

20. Akbarnia B, *Raiszadeh K*, Poster Presentation, 15th Annual Meeting, **North American Spine**

Society (NASS), Closed Suction/Irrigation System for the Treatment of Postoperative Deep Wound Infection, New Orleans, Louisiana, Oct 25-28, 2000

Research:

1. **Primary Investigator:** Department of Orthopaedics, University of Medicine and Dentistry of New Jersey, *The Accuracy of plain Radiographs in assessing Fractures of the Radial Head*, Tan V, Capo J, 2003-present
2. **Co-Investigator:** Department of Orthopaedics, University of Medicine and Dentistry of New Jersey, *The role of the coracoacromial ligament in arthroscopic rotator cuff repair*, Tauro J, 2004-present
3. **Primary Investigator:** Department of Orthopaedics, University of Medicine and Dentistry of New Jersey, *Randomized Prospective Study on Conservative Treatment Options for Lateral Epicondylitis*, Tan V, Capo J, 2003-present

Honors:

Fred Buechel Resident Research Award: Australia, 2006

Highest 2006 OITE Score, Department of Orthopaedics, UMDNJ, New Jersey Medical School: 2006

GTE National Academic All-American: 1998

Jake Gimbel Award. Given for excellence of attitude in athletic endeavor: 1998

Scholar Athlete of the Year, Given to the individual with the highest dual match record and the highest GPA in the nation: 1997

Mortar Board, Inc, Theta Gamma Chapter of University of California at Berkeley: 1996

San Francisco Bay Area Student Athlete of the Week: 1995

UC Berkeley Student Honor Society: 1995

Volunteer Experience:

UCSD/Honduras Exchange Program: 1999

Helped provide basic medical care in Tela, Honduras; gained experience and knowledge in 3rd world medicine, learned about world health issues

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Pacific Stock Exchange: 1995

Assistant to Head Options Trader; Responsibilities included: Managing portfolio of various stocks, tracking the performance of various stocks and options, handling

transactions between traders