

Michael John Lim

TRAINING/ EDUCATION

Board Certified (ABOS) – Orthopaedic surgery (7/28/17) passed on first attempt

Qualified Medical Evaluator – Orthopaedic surgery (2022) passed on first attempt

Scripps Green Hospital, La Jolla, California, August 2014 – August 2015
Joints/ Lower Extremity Reconstruction Fellowship

LA County/ University of Southern California, Los Angeles, California, June 2009 - June 2014
Orthopedic Surgery Internship and Residency

UC San Diego, La Jolla, California, Sept 2004 - June 2009
Doctorate of Medicine

Brown University, Providence, RI, Sept 1999 to May 2003
Bachelor of Science, Computational Biology & Biomedical Ethics

PRACTICE Experience

Select Orthopedic Specialist – Feb 2022 to present
3617 S Avalon Blvd #200; Los Angeles, CA 90011

Palo Alto Foundation Medical Group – July 2019 to February 2022
2907 Chanticleer Ave; Santa Cruz, CA 95065

Eastern Medical Group, ECHN Healthcare Network – November 2018 to May 2019
6 Fieldstone Commons; Tolland CT 06460

Surgical Associates of Milford, P.C. – August 2017 – October 2018
300 Seaside Ave; Milford CT 06460

Middlesex Orthopedic Surgeons, P.C. – August 2015 – June 2017
410 Saybrook Road, #100; Middletown, CT 06457

Hospitals Clinically Active

PIH Good Samaritan Hospital – April 2022 to present, Active
1225 Wilshire Blvd, Los Angeles, CA 90017

Dominican Hospital – July 2019 to Nov 2022, Active
1555 Soquel Ave; Santa Cruz CA 95065

El Camino Los Gatos – March 2020 to Nov 2022, Courtesy
815 Pollard Rd, Los Gatos CA 95032

PROFESSIONAL SOCIETY MEMBERSHIPS

Fellow, AAOS
Fellow, AAHKS

FOREIGN LANGUAGES

Proficient in Korean, Spanish.

TARGETTED AREAS OF PRACTICE

Primary and Revision Total Hip Arthroplasty: anterior approach
Primary and Revision Total Knee Arthroplasty, Unicompartmental Knee Arthroplasty
Robotic total joint replacement
Shoulder Arthroplasty and Arthroscopic Care
General Orthopaedics and Fracture Management
Knee Arthroscopy

RESEARCH EXPERIENCE

“Fresh Osteochondral Allograft Reconstruction in Adolescent Capitellar OCD”
Kaiser Baldwin Park – Department of Orthopaedic Surgery
Dr Raffy Mirzayan – pending submission

“Systematic test of neurotoxin dose and volume on muscle function in a rat model.”
JB Hulst, VB Minamoto, **MJ Lim**, SN Bremner, SR Ward, RL Lieber
Muscle Nerve. 2014 May

“Increased efficacy and decreased systemic-effects of botulinum toxin A injection
after active or passive muscle manipulation.”
VB Minamoto, JB Hulst, **MJ Lim**, WJ Peace, SN Bremner, SR Ward, RL Lieber
Dev Med Child Neurol. 2007 Dec

“Muscle length-tension relationships change after surgical release.”
TM Winters, MJ Lim, M Takahashi, J Fridén, RL Lieber, SR Ward
Submitted for publication.

PRESENTATIONS/POSTERS

“Fresh Osteochondral Allograft Reconstruction in Adolescent Capitellar OCD”
Kaiser Baldwin Park – Department of Orthopaedic Surgery
AAOS 2015 – Las Vegas – Podium Presentation

“Botulinum toxin affects function one year after a single injection.”
V.B. Minamoto, J.B. Hulst, **M.J. Lim**, K.P. Suzuki, S.N. Bremner, S.R. Ward, R.L. Lieber.
Orthopaedic Research Society Conference 2009 (Las Vegas)

“Muscle architecture determines active and passive tension-generating impairments during surgical release.”
M.J. Lim, M. Takahashi, J. Fridén, R.L. Lieber, S.R. Ward.
Orthopaedic Research Society Conference 2008 (San Francisco)

“Differential effect of dose and volume on muscle structure and function after botulinum toxin injection.”
J.B. Hulst, V.B. Minamoto, **M.J. Lim**, S.R. Ward, R.L. Lieber.
Orthopaedic Research Society Conference 2008 (San Francisco)

COURSES

Oxford Unicompartmental arthroplasty
Denver, Colorado 2015
Contemporary Solutions in Joint Surgery program (Smith & Newpew)
Pasadena, CA 2014
International Congress of Joint Reconstruction (ICJR)
Las Vegas, NV 2012 - Shoulder Reconstruction
AO Resident Basic Course August 2010

Office locations:

3617 S. Avalon Blvd, #200

Los Angeles, CA 90011

Weekly – Tuesday/ Thursday. Preferably 12-1pm

4173 Inglewood Blvd, #300

Los Angeles, CA 90066

References:

Acelina Martinez, PA-C

Physician assistant:

Cell: 831-247-1552

July 2019 to present

Worked directly in both clinical and operating room setting

Lorena Resendiz, MA

Medical Assistant

Cell: 831-227-7955

December 2020 to present

Worked directly in clinical setting and surgical scheduling

Lindsay Moreno, MA

Medical Assistant

Cell: 831-227-7955

July 2019 to present

Worked directly in clinical setting and surgical scheduling

Dr Karl Christoffersen MD, orthopaedic surgeon

Local tier supervisor and colleague

Cell: 831-227-4599 (please send text msg or leave voicemail)

July 2019 to present

Dr Anatoly Hernandez DO, anesthesiology

Local tier supervisor and colleague

Cell: 623-628-5861

July 2019 to present

Richard Odgen

Sutter Maternity Surgical Center - Surgical technician

July 2019 to present

Cell: 831-234-2808

Worked directly in establishing surgical protocols and instrumentation for anterior total hip

Alexis Lauderdale

Sutter Maternity Surgical Center – director

July 2019 to present

Cell: 831-233-2873

Worked directly in

Amit Lahav MD, orthopaedic surgeon

Milford Hospital

Cell: 203-907-7809

March 2017 to present

REFERENCES:

Dr Steven Copp (Fellowship Atdg)
Scripps Green – Orthopaedic Surgery
Copp.steven@scrippshealth.org

10666 N. Torrey Pines Road
La Jolla, CA 92037
619-571-9430

Dr David Thordarson (Residency Prgm
Director)
Cedar-Sinai Orthopaedic
David.Thordarson@cshs.org

444 S. San Vicente Blvd.,
Mark Goodson Building, Suite 603
Los Angeles, CA 90048
310-913-1403

Dr Matthew Chong (colleague)
White Memorial Hospital
Mchong01@gmail.com

1700 East Cesar E Chavez Avenue #1400,
Los Angeles, CA 90033
626-375-0961

Dr Chris Allison (Residency Atdg)
Cedar-Sinai Orthopaedic
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