

CURRICULUM VITAE

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PROFESSIONAL POSITIONS

President, HealthScience, Inc., 1997 – present

The following are among the contract positions and professional activities through HealthScience.

- Acting Area Medical Director, Provider and Chairman of Physician Leadership Committee, AfterOurs Urgent Care Centers, Denver CO, February 2009 – present
- Level II Provider, Kaiser Permanente On-the-Job Occupational Medicine, Denver CO, March 2009 - present
- Level II Provider, HealthONE Occupational Medicine, Denver CO, November 2006 - present
- Family Medicine physician, multi-specialty practice, Clinix, Denver CO, 2005 to 2007
- Consulting Medical Director, Aetna Disability Services, Hartford CT & Tampa FL, 2001 – 2005
- Associate Area Medical Director, United States Postal Service, Hartford CT, 1998 – 2001
- Various other clinical activities, including family medicine, urgent care, rehab, and independent medical evaluations
- Expert Witness and legal consultations

Medical Director, Occupational Health, Orlando Regional Healthcare System, Orlando, Florida; 1996 – 1998

The following concurrent position was in association with and through Orlando Regional Healthcare System

- Chief Executive Officer, HealthNet Occupational Health Services, Inc., Orlando, Florida; 1996 – 1998

Commissioned Corps, US Public Health Service, 1989 – 1996

The following were positions and professional activities as a Commissioned Officer

- Regional Environmental Justice Manager, US Public Health Service, Denver, Colorado; 1995-1996

- Division Director (Commander), Federal Occupational Health, US Public Health Service, Denver, Colorado; 1992 – 1995
- Associate Clinical Faculty, University of Colorado School of Medicine, 1992 – 1997
- Associate Clinical Faculty, University of Utah, Rocky Mountain Center for Occupational and Environmental Health, 1992 – 1997
- Regional Occupational Medicine Consultant, Federal Occupational Health, US Public Health Service, Denver, Colorado, 1991 – 1992
- Senior Assistant Surgeon, Clinical Director, Family Practice, Indian Health Service, US Public Health Service, Southeast Regional Health Corporation, Juneau, Alaska, 1987 - 1989

Resident, Chief Resident-Scheduler, University of North Carolina Mountain Area Family Practice Program, Asheville, North Carolina, 1984 - 1987

EDUCATION & TRAINING

PhD Doctoral Program in Health Services, Walden University, enrolled September, 2006, now on Leave of Absence

Occupational Medicine Residency, Uniformed Services University of the Health Sciences, Bethesda, Maryland, 1990-1991: **Board Certified, 1995.**

Flight Surgeon Training Program, School of Aerospace Medicine, U.S. Air Force, San Antonio, Texas, May, 1991.

Master of Public Health, Uniformed Services University of the Health Sciences, Bethesda, Maryland, 1990.

Family Practice Residency, University of North Carolina Mountain Area Family Practice Program, Asheville, North Carolina, 1987: **Board Certified, 1989; Recertified 1996 & 2006.**

Doctor of Medicine, University of Virginia School of Medicine, Charlottesville, Virginia, 1984.

Bachelor of Arts, University of Virginia, Charlottesville, Virginia; Majors - Asian Studies and Religious Studies, 1975.

OTHER PROFESSIONAL CREDENTIALS

Level II Certification, Colorado Division of Workers Compensation: Certified 1995, Recertified 2008.

Expert Medical Advisor, Florida Agency for Health Care, Accredited 1997, 2000.

Board Certification, American Board of Independent Medical Examiners, 1997.

PRESENTATIONS & EDUCATIONAL ACTIVITIES

Faculty or Presenting

NHCAA Institute for Health Care Fraud Prevention, National Annual Training Conference,
“Challenging Common Diagnoses – Applied Medical Perspective & Common Sense”,
November 2004

International Claims Association National Conference, Memphis TN, “Reviewing Suspect
Claims”, October 2004

Institute of International Research, 6th Annual Controlling Workers' Compensation & Disability Payments in
the Public Pension Fund; “The Role of Medical Reviews & Assessments”: Effective Data Gathering in
Workers' Comp and Disability Claims”; March, 2004

NHCAA Institute for Health Care Fraud Prevention, National Annual Training Conference,
“Matching Clinical Markers and Surveillance”, November 2003

Puget Sound Special Investigators Annual Training Conference, “Matching Medical Markers
(Records) with Activities of Daily Living”, October 2003

Washington State Association of Medical Examiners, “Clinical Whiffs to Red Flags Waving”,
October 2003

NHCAA Institute for Health Care Fraud Prevention, National Annual Training Conference,
“The Medical Director’s Perspective”, November 2002

Aetna Managed Disability continuing staff training courses, “Inflammatory Bowel Disease”
January 2002; “Rheumatoid Arthritis and Lupus” March 2002

Orlando Regional Healthcare Orthopedic and Internal Medicine Resident training seminars,
“Occupational Medicine in Primary Care – Application of Principles and Tools” March 1997;
“Onsite Physical Therapy – What the Treating Physician Needs” May 1997

RECENT CONTINUING MEDICAL EDUCATION

Doctoral (PhD) program, Health Services, Integrated Medicine, Walden University, Half-time September
2006 to present.

Advanced Intensive Procedures (central lines, ventilator management, intubation, chest tubes), practicum
workshop, July 2005

Suturing and Complex Closures, practicum workshop, May 2005

Advance Trauma Life Support (ATLS), Recertified, April 2005

Advanced Cardiac Life Support (ACLS) and Cardiovascular Topics, Recertified, February 2005

Pediatric Advanced Life Support (PALS), Recertified February 2005

Intensive Diabetes and Insulin Pump Management, April 2005

Clinical Infectious Disease 8th management review, April 2005

Practical Pediatrics, March 2005

Fracture Care, March 2005

Hot Topics in Office Procedures, March 2005

Issues in women's health, February 2005

NHCAA Institute for Health Care Fraud Prevention, National Annual Training Conference, November
2004

International Claims Association Annual Conference, Memphis TN, October 2004

Institute of International Research, 6th Annual Controlling Workers' Compensation & Disability Payments in the Public
Pension Fund; March, 2004

NIHCAA Institute for Health Care Fraud Prevention, National Annual Training Conference, November 2003

Puget Sound Special Investigators, Annual Conference, 8 post-graduate hours, October 2003

Rocky Mountain Poison Control Center, University of Colorado Toxicology Fellowship, half-time, July 2003 through October 2003

NIHCAA Institute for Health Care Fraud Prevention, National Annual Training Conference, November 2002

Primary Care Update, Interstate Medical Association, October 2000

AWARDS AND COMMENDATIONS

Vice President's Award, US Postal Service; 2000

Meritorious Service Award, U.S. Public Health Service; contributing editor and author to Physical Activity & Health - A Report of the Surgeon General, May, 1997

Certificate of Recognition for Outstanding Contribution, Division of Federal Occupational Health, 1994

Regional Director's Reinvention Award, US Department of Health and Human Services; 1994

Unit Citation, U.S. Public Health Service; for service and leadership on Region VIII's Disaster Medical Assistance (DMAT) and Emergency Response Team (ERT); 1994

Crisis Response Ribbon, U.S. Public Health Service, for deployment to Hurricane Andrew; 1994

Special Assignment Service Ribbon, U.S. Public Health Service; for deployment and service with Federal Emergency Management Agency earthquake response activities; 1994

Commendation Medal, U.S. Public Health Service; 1994

Citation Award, U.S. Public Health Service; for assignment to the House Subcommittee on Regulations, Business Opportunities, and Energy, U.S. House of Representatives; August, 1991

Letter of Commendation; for Quality Assurance activities, U.S. Public Health Service, Southeast Regional Health Corporation; Juneau, Alaska, 1988

Other Awards

Weeden Memorial East Asia Study Award, University of Virginia, Charlottesville, Virginia, 1984

Certificate of Merit, Honorable Mention, U.S. Health and Human Services national "Innovations in Health" competition, 1983

CIBA Community Service Award, University of Virginia School of Medicine, Charlottesville, Virginia, 1980

Charlottesville Outstanding Citizen, Charlottesville Observer: Charlottesville, Virginia, 1979

National Health Services Scholarship, 1978

Westmoreland Scholarship, University of Virginia, Charlottesville, Virginia, 1972

PROFESSIONAL ASSOCIATIONS and COMMITTEES

American College of Physician Executives, 1995 – 1997.

Regional Representative, Medical-Legal Committee, Alaska State Medical Association, 1988-1989.

Quality Assurance Officer, Southeast Alaska Regional Health Corporation, Juneau, Alaska, 1987-1989.

Utilization Review Committee, Bartlett Memorial Hospital, Juneau, Alaska, 1989.

Medical Records Liaison, Bartlett Memorial Hospital, Juneau, Alaska, 1989.

Union of Concerned Scientists, 1982-1989.

Resident Selection Committee, Mountain Area Family Practice Residency Program, Asheville, North Carolina, 1984-1987.

Board of Advisors, Virginia Solar Energy Association, Lynchburg, Virginia, 1982-1984.

President 1979-1980, Secretary 1978-1979, Virginia Renewable Energy Lobby, Lexington, Virginia.

Environmental Research Chairman, U.S. Department of Energy "Model Project Survey" through the Virginia Solar Council, 1978-1979.

US Public Health Service

Reserve Officers Association, 1994 - 1995.

National DFOH Task Force on Fiscal Management, 1994 - 1995.

National DFOH Action Team on Medical Information Systems, 1994 - 1995.

Chairman, National DFOH Medical Surveillance Task Force, 1993 - 1994.

Chairman, Risk Assessment Sub-Committee, Environmental Task Force, Clinical Coordination Committee, DFOEH, September 1990 - 1992.

Chairman, Laboratory Quality Assurance Sub-Committee, Clinical Coordination Committee, DFOEH, October 1992 - 1993.

Commissioned Officers Association, February 1992 - 1994.

Rockville Disaster Medical Assistance Team (DMAT), September, 1989 - June, 1991.

PUBLICATIONS AND OTHER WORKS

Physical Activity & Health - A Report of the Surgeon General, contributing author, contributing editor, US Dept. of Health and Human Services, US Public Health Service, Centers for Disease Control & Prevention, Atlanta, GA., 1996

Handbook of Medical Surveillance for Occupational Chemicals and Stressors, Raford, P., DHHS, DFOH, Region VIII, Denver, CO, 1994

"Evaluation of Disorders of the Upper Airway", Bascom, R. and Raford, P., in Textbook of Clinical Occupational Medicine, Cullen and Rosenstock, eds., 1994

Occupational Medicine Surveillance Laboratory and Physical Examination Action Thresholds, Raford, P., DHHS, US PHS, DFEOH, Region VIII, Denver, CO, 1992

"The Effect of Ozone on the Nasal Response to Methacholine (MC) in Allergic and Nonallergic Subjects", Baroody, F., Raford, P., Willes, S., Fitzgerald, T., Nacierio, R., Bascom, R., submitted abstract to American Thoracic Society, November 13, 1990

"Differential Responses to Ozone in Allergic and Nonallergic Subjects", Baroody, F., Raford, P., Willes, S., Fitzgerald, T., Nacierio, R., Bascom, R., submitted abstract to American Thoracic Society, November 13, 1990

"Physician Specialists and the Space Station", Aviation Space and Environmental Medicine, March, 1989

"Family Maternity Centers in Virginia", Public Health Reports, September, 1983; Vol. 98 (5): 519
Energy to the Year 2000, Albemarle-Charlottesville Assessment Group, Charlottesville, Virginia, 1982

Sunrise Assessment Method for Community Energy Efficiency and Solar Power, Sunrise Services Research and Energy Consultants, Charlottesville, Virginia. Copyright, 1991

Unpublished Works and Reports

Duration Guidelines Redesign Project, lead in database analysis of 110,000 disability claims by diagnosis and provider role, Aetna Disability Services, 2003 and 2004.

Automated case manager decision software project, Medical Director lead, Aetna Disability Services, 2003 and 2004.

“Cost-Effectiveness of Nurse-Case Manager Utilization for OWCP Cases”, US Postal Service, Northeast Area, January, 2001

“Factors Influencing the Effectiveness of Fitness-For-Duty Examinations”, US Postal Service, Northeast Area, December, 2000

“Indoor Air Quality Issues at the Corliss Mail Facility”, US Postal Service, Southeast New England Performance Cluster, June, 2000

“The Impact of Standardized Medical Risk Criteria During Post-Offer Examinations on Sick Leave Utilization and Workers Compensation Claims during the First Four Years after Hiring”, US Postal Service, Northeast Area, May, 2000

“Methods and Compliance Factors for Safety and Health Performance Evaluation Group (SHPEG) Inspections”, US Postal Service, Northeast Area, March, 2000

“Analysis of Medical Review for Disability Retirements – Effect on Employee Waiting Time, Fiscal impact, and Office of Personnel Management Medical Concurrence”, US Postal Service, Southeast New England Performance Cluster, January 2000

“Blood borne Pathogens: Exposure Control Plans and Contract Provider Procedures and Compliance”, US Postal Service, National Office, January, 2000

“Review of Clinical Documentation for Extended Medical Absences – Impact on Repeat Absences and Sick Leave Utilization”, US Postal Service, Connecticut District, November, 1999.

“Post-offer Examinations Program Upgrades - Summary of Exam Requirements & Standards”, US Postal Service, Northeast Area, March, 1999

“Standards and Criteria for Risk Assessment Systems in Occupational Health”, Division of Federal Employees Occupational Health, May, 1992.

“A Comprehensive Assessment of Occupational Health and Industrial Hygiene Needs for the Utah State Office and the Bureau of Land Management”, Division of Federal Employees Occupational Health, May, 1992.

“A Comprehensive Assessment of Occupational Health and Industrial Hygiene Needs for the Federal Aviation Administration’s Salt Lake City Air Route Traffic Control Center”, Raford, P. & Pickup, D., Division of Federal Employees Occupational Health, May, 1992.

“Poison Control Center Data and FDA Adverse Drug Reactions on Phenylpropanolamine: Review of Criticisms About the Raford Report, Analysis of the OTC Effectiveness of PPA Diet Pills, Discussion of PPA Misuse, and the Relevance of PPA Clinical Trials for OTC Consumption”, Report for the Food and Drug Administration’s Hearings on the Over-The-Counter Phenylpropanolamine, May, 1991.

“Phenylpropanolamine Diet Pills, Epidemiological Surveys, Adverse Drug Reactions, and Contacts with Poison Control Centers: A Comparison with Over-The-Counter Aspirin and Acetaminophen”, Report for the House Subcommittee on Regulation, Business Opportunities, and Energy, U.S. House of Representatives, September, 1990.

“Scoring Severity in Pediatric Meningitis: Clinical Presentation and Prognosis”, Master of Public Health project, August, 1990

“Exposures from Boiler Water Treatment with Hydrazine”, for the Federal Aviation Administration’s Salt Lake City Air Route Traffic Control Center, Pickup, D. & Raford, P., Division of Federal Employee Occupational Health, Region VIII, Denver, Colorado, August, 1989

Exposure Hazard Assessment, for the U.S. Geological Survey National Water Quality Laboratory, Division of Federal Employee Occupational Health, Region VIII, Denver, Colorado, August, 1989

“Hazardous Material Classification Systems”, Division of Federal Employee Occupational Health, Region VIII, Denver, Colorado, August, 1989

“Informatics and the Transformation of Medicine”, February, 1989

“The History of Space Medicine”, January, 1985

Other Research Projects

“Evaluation and Testing of a Double-Blind Research Technique for Assessing the Clinical and Physiological Effects of Acupuncture”, Grant Proposal to the National Center for Alternative Medicine, National Institutes of Health, Bethesda, MD, 2001.

Compilation, interpretation, and translation of Chinese clinical and basic science medical literature on acupuncture effects and mechanisms, Zhejiang College of Traditional Chinese Medicine, Hangzhou, China, 2001.

Retrospective pilot study of low-dose tricyclic antidepressant agents in Vasomotor Rhinitis, May, 1987

Updated: January 2009