

# Wendy Ann Chabot, M.D., F.A.A.P.

49 Woodlot Road, Amherst, MA 01002 • 413-687-5510 • wchab@comcast.net

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## EDUCATION

### **Pediatric Residency**

Post Graduate Levels 1-3  
Baystate Medical Center  
A Tufts Affiliated  
Teaching Hospital  
Springfield, Mass. 1987

### **Medical Degree: M.D.**

Tufts University  
School of Medicine  
Boston, Mass. 1984

### **Undergraduate: B.S.**

University of Massachusetts  
Amherst, Mass. 1980  
*Cum Laude*

## PEDIATRIC CERTIFICATIONS

### **American Board of Pediatrics**

Certified 1989

### **American Board of Pediatrics**

Recertified, 1996, 2002 and 2013

### **Neonatal Resuscitation Program**

2003-2009

### **Pediatric Advanced Life Support**

2002

### **National Board of**

### **Medical Examiners**

1985

## RESEARCH

### **Pediatric Research in the Office Setting (PROS), American Academy of Pediatrics**

*Data Research Consultant:*  
Child Abuse Recognition  
Experience Study, 2004  
Life Around Newborn Discharge,  
2002

## MEMBERSHIPS

### **Fellow, American Academy of Pediatrics (F.A.A.P.)**

### **American Academy of Pediatrics**

*Sections on:*

Complementary and Integrative  
Medicine

Early Education and Childcare

Obesity (Provisional)

*Councils:*

School Health (COSH)

### **Institute of Coaching Professional Association (ICPA)**

## EMPLOYMENT

### **Harvard Vanguard Pediatrics**, Wellesley, Mass. *July 2013-present*

Providing pediatric urgent care services.

### **CenseoHealth**, Massachusetts Statewide *June, 2013-December, 2013*

In home evaluation of Tufts Health Plan members.

### **Pediatric locum tenens**, Nationwide *2012-present*

Providing pediatric care on an as needed basis.

### **Health and Wellness Coaching**, Amherst, Mass., West Tisbury, Mass. *2011-present*

Private practice providing health and wellness coaching, and mind-body approaches for reduction of stress and stress related conditions with a special interest in anxiety, depression and chronic pain.

### **Northampton Area Pediatrics**, Northampton, Mass. *2003-2011, 1997-1998, 1987-1989*

Private pediatric practice, provided primary care services including outpatient, inpatient, and newborn nursery care.

### **Mary Lane Pediatric Associates**, Ware, Mass. *1999-2003*

Pediatric practice affiliated with Baystate Health Systems, provided primary care services including outpatient, inpatient and newborn nursery care.

### **Up-Island Pediatrics**, West Tisbury, Mass. *1998-1999*

Private pediatric practice, provided urgent care services and pediatric consultations with a special interest in developmental and behavioral pediatrics.

### **Wendy Chabot, M.D.**, Oak Bluffs, Mass. *1996-1997*

Private pediatric practice, provided primary care services including outpatient, inpatient and newborn nursery care.

### **Vineyard Pediatrics**, Oak Bluffs, Mass. *1995-1996*

Private pediatric practice, provided primary care services including outpatient, inpatient and newborn nursery care.

### **Medical West Associates**, Chicopee, Mass. *1990-1995*

Blue Cross & Blue Shield HMO, provided primary care services including outpatient, inpatient and newborn nursery care.

## HOSPITAL AFFILIATIONS

### **Cooley Dickinson Hospital**, Northampton, Mass. *2003-present*

Active Staff until 2011, Currently Emeritus Staff.

## EDUCATIONAL OUTREACH AND TRAINING

### **Mindfulness Based Stress Reduction**

Cooley Dickinson Hospital, Northampton, Mass. *2010-present*

Provided ongoing sessions of MBSR, the 8 week curriculum developed at the University of Massachusetts Medical School, designed to ameliorate the effects of stress on chronic medical conditions.

### **Neonatal Resuscitation Program**

Cooley Dickinson Hospital, Northampton, Mass. *1997-2009*

Provided hospital based instruction of the American Academy of Pediatrics and American Heart Association NRP curriculum to physicians and nurses who attend deliveries at Cooley Dickinson Hospital.

## ADDITIONAL TRAININGS AND CERTIFICATIONS

### **Core Coach Training & Certification Program for Health & Wellness Coaches**,

Wellcoaches, Online School of Coaching. *Training Completed, Spring 2012, Certified June, 2013.*

### **Practicum in Mindfulness Based Stress Reduction**, Center for Mindfulness in Medi-

cine, Health Care and Society, University of Massachusetts Medical School, Worcester, Mass. *2007.*

*References available upon request*